



Elizabeth Gregory Home CONNECTIONS

Summer 2021

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EGH is a 501(c)3 nonprofit organization registered with Washington's Secretary of State. Contributions to EGH are tax deductible to the extent permitted by law.

A SEASON OF CHANGE:



I hope you are enjoying the Northwest's reasonably moderate summer temperatures as you read this. EGH's community was already grappling with the longstanding impacts of the pandemic, but the record-high temperatures of last month further tested women's endurance. However, thanks to accessing the relatively cool environment of our Day Center, their collective resilience prevailed!

In addition to the physical site changes that you'll read about in this newsletter, there is another upcoming transition that marks the advent of a new "season": I will be retiring by the year's end. Working at Elizabeth Gregory Home has been the highlight of my career and I will miss it dearly. But, in addition to being ready to join my husband in retirement, the timing seems perfect in many ways. EGH now features a talented staff of 11, a dedicated board of 18, and organizational stability that will nourish future growth of programs and services dedicated to helping women conquer homelessness.

Our board has initiated the hiring process for filling my position. If you know of anyone who might be a prospective candidate, please refer them to Marie-Claude Milot, who is head of the search committee, at mcmilotegh@gmail.com

I'm excited for what's ahead for EGH and assure you that we will keep you posted!

Peace,

Ruth Herold, Executive Director

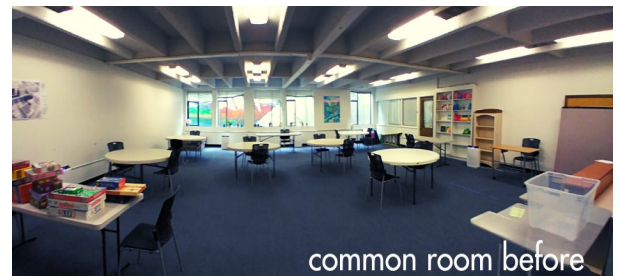
UPGRADE CONSTRUCTION HAS BEGUN

In June, we broke ground on our long-awaited renovation and kitchen construction.

The Day Center remains open, with services moved temporarily downstairs in University Lutheran's Fellowship Hall.

In addition to building a commercial kitchen for preparing congregate meals, we are also creating a large dining area and hospitality center adjacent to the new kitchen that will support community dining for up to 60 women at a time.

We're excited for what the future holds!



common room before



during remodel



HARVESTING HOPE



Our Day Center Coordinator, Helene McOwen, recently spearheaded a gardening program at EGH focused on improving health and wellness, building community, and providing clients with an opportunity to gain life skills that can benefit them personally and professionally. Giving clients the opportunity to grow their own food provides healthy activity where clients can keep what they grow, share with our neighbors or grow food that will be used in our kitchen. Karen (photographed above with Food Services Coordinator, Seana Schweitzer) harvested potatoes that were used for breakfast the next day.

Program activities like these help clients gain self-esteem, self-confidence, increase sense of responsibility, learn communication and problem-solving skills, and enhance their sense of community.

COMMUNITY

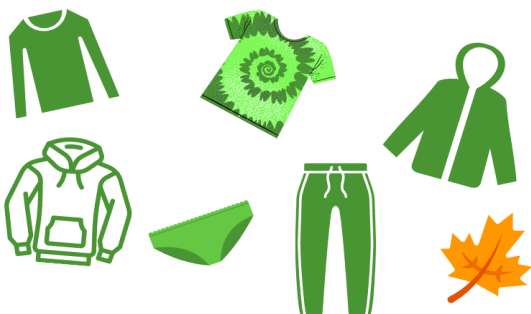
On July 15th, EGH partnered with Resolution to End Homelessness (R2EH) on "Resolution Day," a 24 hour call-to-action on the issue of homelessness. Through social media, participants raised awareness about homelessness, encouraging the community to invest in programs through donations or volunteerism.

We're excited to be working again with volunteers in the Day Center. If you are interested in volunteering, please visit www.eghseattle.org/volunteer-opportunities or contact Helene McOwen, Day Center Manager at hmcowen@eghseattle.org



Susie, EGH Day Center Assistant, and Alex our volunteer, at the Elizabeth Gregory Home Day Center.

CLOTHING DONATIONS NEEDED



We are in need of new or very gently used summer and autumn clothing for the women who visit our Day Center. Donations may be dropped off at Sunday thru Friday 9am-4pm. For more information contact Michelle Wick at mwick@eghseattle.org

When the world was closing, our doors remained open. Thanks to the generosity of our supporters, EGH served women throughout the pandemic. By making a gift using the enclosed envelope or online (eghseattle.org), you are sustaining our work and demonstrating your commitment to community. We couldn't do it without you. *Thank you!*

